

Help, I need a Doctor !

There are many ways you can access NHS help if you are concerned about your health.
We will always try and see you at the surgery if we can.

We offer:

- Routine appointments for ongoing or non urgent needs.
- Same day Emergency Appointments
- Minor Surgery Appointments for removal of lumps and bumps
- On site blood tests appointments
- On site dietician and podiatrist (foot health) appointments

Self Help

Think you can manage at home and just need some advice? Or not sure if it needs a Doctor?



Internet: For trusted advice try www.NHS.uk or www.patient.co.uk



Pharmacy: The pharmacist is able to assist with all sorts of minor illness, giving advice and even able to prescribe for things like coughs, colds, hayfever, diarrhoea.



Call NHS 111: For NHS advice 24 Hours a day, 365 days a year.



Citizens Advice: We run a drop in session at the surgery every other Monday to meet someone from the Citizens Advice Bureau if you would like speak about social / housing/ employment issues.

Self Refer

Did you know there are some services that you don't need to be referred to from your GP? You can get all the forms for the following from the front desk and refer yourself to the service:



Eye conditions: For example when your eye is red, painful or gritty.



Sexual Health & Family Planning: Contraception provision, Sexually transmitted infection test & treatment



Foot Problems: Both routine and urgent community clinics



Social services: For support to help with living conditions

Emergency GP

Your GP knows you and has your records, but if it really cannot wait till the next appointment OR if it is late or on the weekend, you have other options apart from having to wait for a long time in A&E!



Out of Hours GP: SELDOC - 0208 693 9066 see or speak to a GP on evenings and weekends.



Walk-In GP (to 8pm): Gracefield Gardens, Streatham 0203 049 4040 / Junction Health Centre, Clapham 0203 733 4104



Urgent Care Centre: Guys Hospital 8am - 8pm - For Wounds, Burns, Fractures, Muscle injuries.

Accident & Emergency
Life threatening and serious illness